Resource Type	Community Served	Target Ages or Groups	Description	Provider	Times	Internet Links	Details	Cost
ALL INCLUSIVE	All	Senior Citizens	National and state resources for Senior Citizens	National Council on Aging	9 am to 5 pm ET		Medication, health care, income assistance, food & nutrition, housing, utilities, tax relief, veterans, employment, transportation, education, discounts and other assistance.	Free
ALL INCLUSIVE	All	Senior Citizens	Services for adults aged 60+, and adults aged 18+ with HIV/AIDS, disabilities or long-term care needs.				Resources include information about: extended care, medicare, health, HIV, in-home, legal, meals, work, elder abuse, refugee/Native American.	Free
ALL INCLUSIVE	All	Senior Citizens	IWhat Older Adults and People with	US Department of Health and Human Services, Administration for Community Living		<u>ACL</u>	Links to federal and state resources for older adults and people with disabilities	Free
ALL INCLUSIVE	All	All ages	National and state resources for residents	Arizona Community Action Association			Find out if your family can get help from 40 different health and human services programs. This website provides convenient, one-stop access to:	Free
ALL INCLUSIVE	All	Parents	Diapers provided	New Life Pregnancy Center	9 am to 4 pm	New Life Pregnancy Center	No appointment needed	Free
ALL INCLUSIVE	All	All ages	National and state resources for adults and families.	City of Phoenix			Business support; Sr. meals; Layoffs; Student meals; Family or individual meals; Food pantries; Affordable housing; Nutrition assistance; Emergency Rent, Utility, or Eviction; Parenting Resources; Healthcare; Other resources.	Free
ALL INCLUSIVE	All	All ages	National and state resources for adults and families.	Arizona Department of Economic Security		AZ DES	Food, Unemployment benefits, Cash, medical and nutritional assistance, Developmental disabilities, Early intervention program, Short term crisis services provides temporary assistance to low-income families experiencing an emergency need, Mortgage assistance, Community resources, Childcare assistance, Business resources.	Free
ALL INCLUSIVE	All	All ages	A Running Guide to Services Now Free (or Discounted) in Response to the Coronavirus	NY Times, Wirecutter		<u>Free Services</u>	In response to the outbreak, many companies around the world have offered their services for free to help folks get through these uncertain times—this is especially helpful for those in the industries that have recently had to force layoffs and shutter their doors. Whether you're looking to work off your nervous energy with some exercise, read your way through a library's worth of books, or schedule an appointment with a mental health professional, these free services can help you keep your composure and your cash.	Free
COVID-19 INFORMATION	All	All ages	State information regarding COVID-19	State of Arizona		AZ COVID-19 Hotline	Resources and information in AZ related to COVID-19	Free
COVID-19 INFORMATION	All	All ages	National information regarding COVID- 19		9 am to 5 pm ET	CDC COVID-19	Resources and information in USA related to COVID-20	Free
EDUCATION RESOURCES	All	All ages	Education and Wellness Resources for COVID-19	Alliance for a Healthier Generation		Alliance for a Healthier Generation	Free, evidenced-based COVID-19-informed resources to support parents & caregivers, educators and out-of-school time staff, employers and employees	

Resource Type	Community Served	Target Ages or Groups	Description	Provider	Times	Internet Links	Details	Cost
EDUCATION RESOURCES	South Phoenix, Central Phoenix	PreK to Grade 12	Activity kits	The Society of St. Vincent de Paul	4 pm to 6 pm	SVDP	This distribution is ongoing during the COVID-19 response.	Free
EDUCATION RESOURCES	All	PreK to Grade 12	Free education resources list	Kids Activities		Education Companies Offering Free Subscriptions	Entire list of education companies offering free subscriptions due to school closing.	Free
EDUCATION RESOURCES	All	Grades Prek to 6	Physical activity and play time engagement activities	Playworks		<u>PlayWorks</u>	Kids need play to stay active and engaged with one another, and to support families and teachers. We want to share our expertise to help keep kids engaged in play during this time	Free
EDUCATION RESOURCES	All	Grades 6 to 12	Online tool for teaching with documents, from the National Archives	National Archives Foundation		<u>Document Tools for Teachers</u>	Can be used with Google Classroom. Includes some transcripts.	Free
EDUCATION RESOURCES	All	PreK to Grade 12	Healthy Do At Home Activities,	Action for Healthy Kits		Keep Your Kids Active Game on Activity Library	Multiple interactive online activites for kids including calm down corner, making the most of screen time, exploring imagination yoga, creative garden thinking, active sensory hallways, and more.	Free
EDUCATION RESOURCES	All	Grades 3-8	Gardening Activities - Jr.D14 Master Gardener levels 1&2	Jr. Master Gardener - Texas A&M		Interactive Learning JMG	Send your kids to this site to click on some buttons for interactive garden learning. Guess a mystery photo! Etc.	Free
EDUCATION RESOURCES	All	PreK to Grade 12	Healthy Eating Toolkit	Action for Healthy Kits		Parents-for-Healthy-Kids Link	Parents for Healthy Kids is a national initiative created for parents. It offers resources to become effective change agents in school and a students health.	Free
EDUCATION RESOURCES	All	PreK to Grade 6	Academic based activities for youngerchildren	Brain Pop		Brain Pop	Animated Educational Site for Kids - Science, Social Studies, English, Math, Arts & Music, Health, and Technology.	Free
EDUCATION RESOURCES	All	Grades 7 to 12	Academic based activities for older children	Brain Pop Junior		Brain Pop Jr.	Animated Educational Site for Kids - Science, Social Studies, English, Math, Arts & Music, Health, and Technology.	Free
EDUCATION RESOURCES	All	PreK to Grade 6	Academic and physical activity based activities for youth	Go Noodle		GO NOODLE	Engages kids every month with movement and mindfulness videos created by child development experts. Available for free at school, home. Free subcriptions required.	Free
EDUCATION RESOURCES	All	PreK to Grade 12	Academic based activities for youth	America's Test Kitchen for Kids		America's Test Kitchen for Kids	Activities, recipes, quizzes, food science, tastings, experiments, explorations and pod casts.	Free
EDUCATION RESOURCES	All	All ages	Educational opportunity while helping federal agencies accelerate innovation through public participation.	Citizenscience.gov		Citizen Science	A searchable database provides a government-wide listing of citizen science and crowdsourcing projects designed to improve cross-agency collaboration, reveal opportunities for new high-impact projects, and make it easier for volunteers to find out about projects they can join.	Free
EDUCATION RESOURCES	All	All ages	Library loans and online resources	Various libraries across the state		<u>Libraries List</u>	Search site for links to libraries. Then search libraries for items they loan and their online resources	Free

Resource Type	Community Served	Target Ages or Groups	Description	Provider	Times	Internet Links	Details	Cost
EDUCATION RESOURCES	All	PreK to Grade 12	Educational videos for youth	YouTube		YouTube Learn at Home	Program has partnered with learning creators to bring parents and families resources and activities. These resources are not meant to replace homework assigned by teachers, but meant to complement that work.	Free
FARMERS MARKETS AND CSA	South Phoenix	Adults	Farmers Market Vendors	Spaces of Opportunity		<u>Farmers Market</u>	Access to buy or sell fresh local food at a farmers market	varies
FARMERS MARKETS AND CSA	All	Adults	Community Supported Agriculture (CSA)	Spaces of Opportunity		CSA	Interested in purchasing a produce bag with the CSA Program?	low-cost
FARMERS MARKETS AND CSA	All	Adults	What is a CSA, Community Supported Agriculture?	Local First Foundation		Local First Foundation	Information about what a CSA is.	Free
FARMERS MARKETS AND CSA	All	Adults	Local CSA - Maya's Farm	Maya's Farm		Maya's Farm	A local grower providing fresh, local food. The consumer is able to invest with farming in return for produce in the CSA basket. Variable week options for baskets - such as 6 or 12 week.	varies
FARMERS MARKETS AND CSA	All	Adults	Local CSA - Recycled City	Recycled City		Recycled City	A local grower providing fresh, local food. The consumer is able to invest with farming in return for produce in the CSA basket. Variable week options for baskets - such as 6 or 12 week.	varies
FARMERS MARKETS AND CSA	All	Adults	Local CSA - Sun Produce Coop	Sun Produce Co Op		Sun Produce Co Op	Its mission is to create viable alternative distribution streams for Arizona's smaller-scale producers, reduce barriers to market entry, gain economies of scale through its aggregate size, and leverage cooperative branding and marketing and supply purchasing efforts. They work with schools,	varies
FARMERS MARKETS AND CSA	All	Adults	Local CSA - Blue Sky Farms	Blue Sky Organic Farms		Blue Sky Organic Farms	A local grower providing fresh, local food. The consumer is able to invest with farming in return for produce in the CSA basket.	varies
FARMERS MARKETS AND CSA	All	Adults	Local CSA - Arizona Worm Farm	Arizona Worm Farm		Arizona Worm Farm	A local grower providing fresh, local food. The consumer is able to invest with farming in return for produce in the CSA basket.	varies
FARMERS MARKETS AND CSA	All	Adults	Local CSA - Farmyard	Farmyard		My Farmyard	A local grower providing fresh, local food. The consumer is able to invest with farming in return for produce in the CSA basket.	varies
FARMERS MARKETS AND CSA	All	Adults	Local CSA - Crooked Sky Farm	Crooked Sky Farm		Crooked Sky Farm	A local grower providing fresh, local food. The consumer is able to invest with farming in return for produce in the CSA basket.	varies
FARMERS MARKETS AND CSA	All	Adults	Local CSA - Pinnacle Farms	Pinnacle Farms		Pinnacle Farms	A local grower providing fresh, local food. The consumer is able to invest with farming in return for produce in the CSA basket.	varies

Resource Type	Community Served	Target Ages or Groups	Description	Provider	Times	Internet Links	Details	Cost
FARMERS MARKETS AND CSA	All	Adults	Local CSA - The Orchard Community Learning Center	Orchard Community Learning Center		Orchard Learning	Multiple growers providing fresh, local food. The consumer is able to invest with farming in return for produce in the CSA basket.	varies
FARMERS MARKETS AND CSA	All	Adults	Local CSA - RhibaFarms	Rhiba Farms		Rhiba Farms	A local grower providing fresh, local food. The consumer is able to invest with farming in return for produce in the CSA basket.	varies
FARMERS MARKETS AND CSA	All	Adults	Learn what a CSA is.	Urban Farm		<u>Urban Farm</u>	What is a CSA?	Free
FARMERS MARKETS AND CSA	Maricopa County	All ages	Map of all farmers markets in the state.	AZ Health Zone		Farmers Market	Map of active farmers markets in the state, by county. If link doesn't work try this - https://azhealthzone.org	varies
FOOD ASSISTANCE	All	All ages	Bagged Food.	United Food Bank	8 a.m. to noon.	UFB Help Yourself	During COVID-19 response, Currently, all food is available at no charge. If you or someone you know needs food support, this resource is available. Please note, this is for those with an immediate need for food assistance.	Currently, all food is available at no charge.
FOOD ASSISTANCE	All	All ages				Borderlands Produce Rescue	Borderlands Produce Rescue is a purveyor of food and has been for 25 years. Our mission is to help families eat nutritiously at an affordable cost and to bring everyone together by shopping at our markets, keeping this unsold fresh produce out of the landfill helping our environment, we all need to do our part.	Low cost
FOOD ASSISTANCE	South Phoenix, Central Phoenix	All ages	Bagged food and raw vegetables from community garden	The Society of St. Vincent de Paul	4 pm to 6 pm	Food Assistance-SVDP	Drive through distribution ongoing during the COVID-19 response.	Free
FOOD ASSISTANCE	All	All ages	Resources to find food assistance near you.	Arizona Food Bank Network		AZ Food Bank Network	AAFB's Food Providers Directory is the largest database of emergency food options (food banks, pantries, soup kitchens, shelters, and others that distribute emergency food) in Arizona:	Free
FOOD ASSISTANCE	All	All ages	St. Mary's Food Bank exists to help feed hungry families throughout Phoenix and 9 Arizona counties	St. Mary's Food Bank	8:30 am to 1:30 pm	St. Mary's	Emergency food distribution available at various sites.	Free
GARDENING AND TOOLS	All	Adults	Gardening information publications	University of Arizona		UA Garden Publications	Search for publications for gardening.	Free
GARDENING AND TOOLS	All	Adults	School garden information	University of Arizona		UA School Garden Info	Resource information for school gardens.	Free
GARDENING AND TOOLS	All	Not-for-profit organizations	A nonprofit tool lending program available to not-for-profit organizations. It is for volunteers events, facility & grounds maintenance, school & garden projects.	Phoenix Tool Bank		Phoenix Toolbank Link	Free membership required. In addition to tool handling fees, agencies may also incur late fees, replacement fees, and cleaning fees – all of which are easily avoidable.	Affordable/ Low-Cost Handling Fees

Resource Type	Community Served	Target Ages or Groups	Description	Provider	Times	Internet Links	Details	Cost
GARDENING AND TOOLS	Phoenix - all residents	Phoenix residents and community groups	Loan of building and gardening tools.	City of Phoenix: Neighborhood Cleanups & Tool Lending		Phoenix Cleanups & Tool Lending Link	Tool lending flier: https://www.phoenix.gov/nsdsite/Documents/Tool%20Lending%20Flyer%20Final.pdf	Free
GARDENING AND TOOLS	Chandler - all residents	Chandler residents and community groups	Yard care tools to keep homes and properties maintained year-round.	City of Chandler, Neighborhood Resources Department	8 am to 5 pm	<u>Chandler Loans Tools</u>	Tools can be checked out Wednesdays or Fridays from 8 a.m. – 5 p.m. and must be picked up at the City of Chandler Neighborhood Resources Office.	
GARDENING AND TOOLS	Mesa - all residents	Mesa residents and community groups	Tool Lending program currently offers 300 tools available for loan	City of Mesa, Neighborhood Outreach Department	Please allow 72 hours to process tool requests	Mesa Loans Tools	The City of Mesa Neighborhood Outreach Department's Tool Lending program currently offers 300 tools available for loan. The tools can be used for a variety of purposes, including volunteer efforts, home improvement and gardening and landscaping. This is a free service to Mesa residents and property owners.	Free
GARDENING AND TOOLS	Mesa - all residents		The purpose of the program is to distribute recycled paint for use in beautifying Mesa's neighborhoods.	City of Mesa, Environmental Management & Sustainability Department	7 am to noor	Mesa Recycles Paint	Paint can only be used on exteriors. A label will be placed on all containers outlining the proper use and disposal of the paint. A quality color and durability disclaimer will also be on the label. Paint will not be delivered. Paint availability fluctuates on a daily basis. Due to the high demand and limited supply, requests to hold paint are not accepted.	Free
GARDENING AND TOOLS	Maricopa County - all residents	Adults, Schools	Seed bank: Limit three seed packets per three week period. Free gardening workshops covering everything from composting to seed harvesting.	Phoenix Public Libraries - available at every library. View options online.		Phoenix Public Library	Will need a Phoenix library card. All residents of Maricopa County are eligible for a Phoenix library card.	Free
GARDENING AND TOOLS	All	Adults	Master Gardeners of Maricopa County Garden Resource Google Map	Master Gardeners of Maricopa County		MG Resources Map	Master Gardeners of Maricopa County - Garden Resource Google Map: Use this visual mapping tool to quickly locate the closest seed library, school garden or community garden to you.	Free
GARDENING AND TOOLS	Low-Income Communities of Maricopa County	All ages	AZ Health Zone of Maricopa County Cooperative Extension assists approved sites with available resources.	AZ Health Zone		AZHZ Garden Resources	A garden assistance program to provide free garden education, resources, and assistance to qualifying school and community gardens. Gardening workshops are also offered at the University of Arizona Cooperative Extension Offices.	Free
GARDENING AND TOOLS	All	All ages	Community Garden	Spaces of Opportunity		Community Garden	Community garden spaces are available to rent. A 50-ft row only \$5 a month!	low-cost
GARDENING AND TOOLS	All	All ages	Free online garden classes	Urban Farm		<u>Urban Farm Classes</u>	Free online classes on gardening, growing food, and self-reliance.	Free
GARDENING AND TOOLS	All	All ages	Free online garden classes	Urban Farm		Urban Farm Resources	Download a free Desert Planting Calendar &/or the Urban Farming eBook.	Free
GARDENING AND TOOLS	All	All ages	Free online webinars	Urban Farm		<u>Urban Farm Webinars</u>	Check out these free webinar classes.	Free

Resource Type	Community Served	Target Ages or Groups	Description	Provider	Times	Internet Links	Details	Cost
GARDENING AND TOOLS	All	All ages	From food waste to garden soil.	Orchard Community Learning Center		OLC Compost	Available compost to purchase	See website
GARDENING AND TOOLS	All	PreK to Grade 12	School Garden Food Safety	University of Arizona		School Garden Food Safety	Guidelines for school garden food safety	free
GARDENING AND TOOLS	All	All ages	Ten Steps to Successful Gardenening	University of Arizona		Ten Steps to Successful Gardening Publication	Publication for successful gardening	free
GARDENING AND TOOLS	All	All ages	Vegetable Planting Calender	University of Arizona		Vegetable Planting Calendar for Maricopa Cou	Planting calendar	Free
GARDENING AND TOOLS	All	All ages	Container Gardening	University of Arizona		Container Gardening in the Southwest	Container Gardening in the Southwest publication	Free
GARDENING AND TOOLS	All	Adults	Farmers Land Availability	Spaces of Opportunity		Need land?	Space rental for farmers to grow & sell food.	Contact on Facebook
HOUSING/SHELTER , UTILITIES, RENT	All	At least 1 parent and 1 child	Family Promise helps homeless families with children.	Family Promise		Family Promise	Basic needs like food, clothing and shelter.Child care, mentoring, job counseling, etc. Life skill training to help families become self sufficient.	Free
MEDICAL & HEALTH	All	Adults	HonorHealth has a COVID-19 symptom checker and a live chat on its website.	HonorHealth		<u>HonorHealth</u>	Use this tool to check your symptoms or connect with a caregiver. We can help you understand which steps you should take based on your symptoms and other factors.	Free
MEDICAL & HEALTH	All	Adults	Blood pressure cuffs are loaned.	Mesa Public Library		Mesa Stuffbrary	Library card holders can check out a blood pressure cuff. To see what's currently available, check out the catalog. All residents of Maricopa county are eligible for a Mesa library card.	Free with library card
MEDICAL & HEALTH	All	Adults	Worried about Coronavirus (COVID- 19)? Let's start with related symptoms. Use the symptom checker .	Banner Health, Arizona		Banner Symptom Checker	Online symptom checker.	Free
MENTAL HEALTH	All	PreK to Grade 12	Mindfulness & Emotional Health	Action for Healthy Kits		Healthy Activities To Do At Home Link	?	Free
MENTAL HEALTH	All	Adults	Tips for managing anxiety.	Banner Health, Arizona		Banner Anxiety Resources	Managing Anxiety in Uncertain Times: Tips for Individuals and Families.	Free
MENTAL HEALTH	All	Adults	Manage Your Mental Health tips	Very Well Mind		COVID-19 and Your Mental Health Link		Free
MENTAL HEALTH	All	All ages	Crisis Text Line			Crisis Text Line	Mental health counselors are just a quick text away thanks to the Crisis Text Line, which is a free national text messaging service. Just text "home" to 741-741 to get started.	Free
MENTAL HEALTH	All	All ages	Suicide Prevention Lifeline	National Suicide Prevention Lifeline		Suicide Prevention Lifeline	If you are in crisis, please call the National Suicide Prevention L	- Free
NUTRITION AND FOOD SAFETY	All	Adults	Nutrition and food safety tips for families managing the challenging conditions of the COVID-19 outbreak.	The Academy of Nutrition and Dietetics		Covid-19, Food & Nutrition	Preventing Covid-19, staying healthy, keeping food safe, following guidance. Social media links & downloadable documents.	Free

Resource Type	Community Served	Target Ages or Groups	Description	Provider	Times	Internet Links	Details	Cost
NUTRITION AND FOOD SAFETY	All	Adults	Home Food Safety	USDA FSIS		Food Safety - FSIS	Home food safety information.	Free
NUTRITION AND FOOD SAFETY	All	Adults	Home Food Safety	University of Arizona		Safe Cutting Boards	Food safety & cutting boards publication AZ1690-2016	Free
NUTRITION AND FOOD SAFETY	All	Adults	Home Food Safety	University of Arizona		Food Safety-UA	Home food safety videos.	Free
NUTRITION AND FOOD SAFETY	All	Adults	Science based information and facts to help guide your produce shopping choices.	Alliance For Food and Farming. For Safe Fruits and Veggies		Safe Fruits and Veggies	Videos, nutrient information, and food safety information.	Free
NUTRITION AND FOOD SAFETY	All	Adults	Shopping information and ideas: Coronavirus Shopping List: What to Buy and What to Skip	Banner Health, Arizona		Coronavirus & Your Shopping List Link	Learn how to prepare for a pandemic, practice good health & hygiene habits, and who may be at greater risk.	Free
NUTRITION AND FOOD SAFETY	All	All ages	Nutrition and healthy eating resources.	USDA		Choose MyPlate	Nutrition information for adults, seniors, parents, teachers and youth.	Free
PHYSICAL ACTIVITY	All	All Ages	Professional Athlete Fitness Break Videos	Alliance for a Healthier Generation		<u>Fitness Breaks</u>	Short videos of professional athletes leading exercises that youth and adults can follow within their home.	
PHYSICAL ACTIVITY	All	All ages	Check out bike locks, croquet sets, play at the park kits, and more. Items vary at libraries.			Mesa Stuffbrary	Library card holders can check out household items, play equipment and more. Stuff is available at all locations, though some items are branch specific. To see what's currently available, check out our catalog. All residents of Maricopa county are eligible for a Mesa library card.	Free with library card
PHYSICAL ACTIVITY	All	All ages	Maps to hiking trails in Maricopa County.	Maricopa County, Parks and Recreation		Maricopa County Trails	You do not need a permit from state land to hike on those segments of the Maricopa Trail that reside on state land. Please stay on the trail.	Free
PHYSICAL ACTIVITY	All	All ages	Recreation activies and maps to parks in Maricopa County.	Maricopa County, Parks and Recreation		Maricopa County Parks	Maps listing times, locations and things to do at the parks.	Some free, some have fees
PHYSICAL ACTIVITY	All	All ages	Recreation activies and maps to parks in Phoenix.	City of Phoenix, Parks and Recreation Department		Phoenix Parks & Rec	Maps listing times, locations and things to do at the parks.	Free
PHYSICAL ACTIVITY	All	All ages	Recreation activies and maps to parks in Mesa.	City of Mesa, Parks and Recreation Department		Mesa Parks & Rec	Maps listing times, locations and things to do at the parks.	Free
PHYSICAL ACTIVITY	All	All ages	Recreation activies and maps to parks in Scottsdale.	City of Scottsdale, Parks and Recreation Department		Scottsdale Parks & Rec	Maps listing times, locations and things to do at the parks.	Free
PHYSICAL ACTIVITY	All	All ages	Recreation activies and maps to parks in Glendale.	City of Glendale, Parks and Recreation Department		Glendale Parks & Rec	Maps listing times, locations and things to do at the parks.	Free
PHYSICAL ACTIVITY	All	All ages		City of Tempe, Parks and Recreation Department		Tempe Parks & Rec	Maps listing times, locations and things to do at the parks.	Free
PHYSICAL ACTIVITY	All	All ages		City of Chandler, Parks and Recreation Department		Chandler Parks & Rec	Maps listing times, locations and things to do at the parks.	Free
PHYSICAL ACTIVITY	All	All ages	Recreation activies and maps to state parks in Arizona.	Arizona State Parks and Trails		AZ State Parks	Maps listing times, locations and things to do at the parks.	Some free, some have fees

Resource Type	Community Served	Target Ages or Groups	Description	Provider	Times	Internet Links	Details	Cost
WELLNESS	All	Adults	Guide to Well-Being During Coronavirus	Greater Good Magazine		Greater Good's Guide to Well-Being During Coronavirus May Newsletter Link	Resources for managing stress, anxiety, fostering connection. Resources for parents, educators, health care professionals. Other well-being resources	Free
WELLNESS	All	All ages	Meditations, stories, music, talks and more, all hand-picked to support your mental and emotional wellness.	Calm		CALM	Most of the resources would appeal more to adults and teens, rather than younger children.	Free
WELLNESS	All	Adults	Put fresh food and fun activities in the palm of your hand.	Maricopa County Department of Public Health		Maricopa Healthy	Find local farmers markets, delicious recipes and fun ways to stay physically active.	Free
WELLNESS	All	Parents, educators	Resources to support the physical, social, and emotional health of children and their caregivers	Alliance for a Healthier Generation		Alliance for a Healthier Generation	Provides free, evidence-based resources Here you will find a selection of these resources designed to support you in reducing stress, eating healthy, moving regularly, getting quality sleep, and more.	Free
CLOTHING ASSISTANCE RESOURCES	All	Children	Provides pajamas and books for children ages newborn to 18 who live in group homes, shelters and temporary housing.	Pajama Project		Pajama Project	Resources for supporting a comforting bedtime routine, and the resulting opportunity for emotional closeness with a caring adult, is associated with better sleep among children.	Free
CLOTHING ASSISTANCE RESOURCES	All	Men: Youth 16 or older and Adults	Career Gear is a not-for-profit social enterprise whose sole mission is to empower men to look and feel their best through image presentation	Career Gear		<u>Career Gear</u>	We provide services to agencies and institutions of higher learning and their clients and students to improve employment outcomes for men entering or re-entering the workforce.	Free
CLOTHING ASSISTANCE RESOURCES	All	Children	We partner with caring individuals and organizations across North America, to give a gift of warmth, confidence and hope to children in need.	Operation Warm		Operation Warm	If you work with a school, Head Start program or nonprofit organization that serves children living in need, you may be able to receive brand new coats through the Operation Warm Wish List.	Low cost for groups
CLOTHING ASSISTANCE RESOURCES	All	Adult Women	Providing a network of support, professional attire and development tools.	Dress for Success		<u>Dress for Success</u>	Dress for Success is an international not-for-profit organization that empowers women to achieve economic independence to help women thrive in work and in life.	Free